

SPRING RINK: CAPITAL ICE COMPLEX, 1504 Wichita Drive, Bismarck ND Questions? Call Sherry 701-426-5354

DATE	DAY	TIME	RINK	PROGRAM	LEVEL (Current or Fall)
HIGH SCHOOL. Full ice conditioning, hockey-skating-game skills. Coach Braxton Neas-Univ. of Jamestown					
8 hours \$160. (Goalies \$85)					
31-Mar	MON	4:00PM - 5:00PM	SCHAUMBERG	Advanced	High School
7-Apr	MON	4:00PM - 5:00PM	WACHTER	Advanced	High School
14-Apr	MON	4:00PM - 5:00PM	WACHTER	Advanced	High School
21-Apr	MON	4:00PM - 5:00PM	WACHTER	Advanced	High School
28-Apr	MON	4:00PM - 5:00PM	WACHTER	Advanced	High School
5-May	MON	4:00PM - 5:00PM	WACHTER	Advanced	High School
12-May	MON	4:00PM - 5:00PM	WACHTER	Advanced	High School
19-May	MON	6:45PM - 7:45PM	WACHTER	Advanced	High School

BANTAM LEVEL UP: Coaches Tim Meyer, Braxton Neas, Ron Mansmith. Coach Dean Stork-Univ of Jamestown
Checking, Angling, Puck Protection, Battle Drills. 9.5 hrs \$200. Or Wed (5 hr) \$110. Wkend Checking (\$25/hr) Goalies \$100/9.5 hrs

18-Apr	FRI	5:15PM - 6:15PM	WACHTER	Level Up Skills & Battle Drills	Bantam Checking
19-Apr	SAT	9:00AM - 10:00AM	WACHTER	Level Up Skills & Battle Drills	Bantam Checking
23-Apr	WED	8:15PM - 9:15PM	WACHTER	Level Up Skills & Battle Drills	Bantam
25-Apr	FRI	4:45PM - 6:15PM	WACHTER	Level Up Skills & Battle Drills	Bantam Checking
26-Apr	SAT	9:00AM - 10:00AM	WACHTER	Level Up Skills & Battle Drills	Bantam Checking
30-Apr	WED	8:15PM - 9:15PM	WACHTER	Level Up Skills & Battle Drills	Bantam
7-May	WED	8:15PM - 9:15PM	WACHTER	Level Up Skills & Battle Drills	Bantam
14-May	WED	8:15PM - 9:15PM	WACHTER	Level Up Skills & Battle Drills	Bantam
21-May	WED	7:00PM - 8:00PM	WACHTER	Level Up Skills & Battle Drills	Bantam

SKATE & SCORE: PowerSkating Coach Tanya Fyfe & Hockey Coach Braxton Neas-University of Jamestown)
Small group powerskating, edges, agility, balance, and interactive scoring drills. 7 sessions \$155 Limit 15 players, 2 goalies (\$75)

10-Apr	THURS	5:15PM - 6:15PM	WACHTER	Level Up Skate & Score	PW-12U & Bantam-14U/15U
17-Apr	THURS	5:15PM - 6:15PM	WACHTER	Level Up Skate & Score	PW-12U & Bantam-14U/15U
24-Apr	THURS	5:15PM - 6:15PM	WACHTER	Level Up Skate & Score	PW-12U & Bantam-14U/15U
1-May	THURS	5:15PM - 6:15PM	WACHTER	Level Up Skate & Score	PW-12U & Bantam-14U/15U
8-May	THURS	5:15PM - 6:15PM	WACHTER	Level Up Skate & Score	PW-12U & Bantam-14U/15U
15-May	THURS	5:15PM - 6:15PM	WACHTER	Level Up Skate & Score	PW-12U & Bantam-14U/15U
21-May	WED	5:45PM - 6:45PM	WACHTER	Level Up Skate & Score	PW-12U & Bantam-14U/15U

Game Changer Hockey & Skating Skills, Puck Control & Protection, Small Area Games & Battle Drills. Coaches B. Neas, Meyer, Mansmith.
SQ-10U & PW-12U-14U 9 sessions \$150 Players/\$85 Goalies. Pay by the Session \$22/hr (Space Available)

6-Apr	SUN	2:45PM - 3:45PM	WACHTER	Game Changer	SQ-10U & PW-12U-14U
13-Apr	SUN	6:00PM - 7:00PM	WACHTER	Game Changer	SQ-10U & PW-12U-14U
18-Apr	FRI	7:45PM - 8:45PM	WACHTER	Game Changer	SQ-10U & PW-12U-14U
19-Apr	SAT	10:15AM - 11:15AM	WACHTER	Game Changer	SQ-10U & PW-12U-14U
24-Apr	THURS	7:45PM - 8:45PM	WACHTER	Game Changer	SQ-10U & PW-12U-14U
25-Apr	FRI	7:45PM - 8:45PM	WACHTER	Game Changer	SQ-10U & PW-12U-14U
26-Apr	SAT	10:15AM-11:15AM	WACHTER	Game Changer	SQ-10U & PW-12U-14U
27-Apr	SUN	2:15PM - 3:15PM	WACHTER	Game Changer	SQ-10U & PW-12U-14U
4-May	SUN	5:00PM - 6:00PM	WACHTER	Game Changer	SQ-10U & PW-12U-14U

SPRING 2025**VISION HOCKEY 701**

Updated 3/23/25

SPRING RINK: CAPITAL ICE COMPLEX, 1504 Wichita Drive, Bismarck ND Questions? Call Sherry 701-426-5354**Mite (Including Squirts wanting fundamental skating & hockey skills). All 11 sessions \$190. Pay by the Session \$22/hr (Space Available)****Skating skills, then hockey skills & cross-ice games. Hockey and Skating Coaches.**

6-Apr	SUN	4:00PM - 5:00PM	WACHTER	Foundation	Mite-8U
13-Apr	SUN	3:30PM - 4:30PM	WACHTER	Foundation	Mite-8U
18-Apr	FRI	6:30PM - 7:30PM	WACHTER	Foundation	Mite-8U
19-Apr	SAT	11:30AM - 12:30AM	WACHTER	Foundation	Mite-8U
24-Apr	THURS	6:30PM - 7:30PM	WACHTER	Foundation	Mite-8U
25-Apr	FRI	6:30PM - 7:30PM	WACHTER	Foundation	Mite-8U
26-Apr	SAT	11:30AM-12:30PM	WACHTER	Foundation	Mite-8U
27-Apr	SUN	3:30PM-4:30PM	WACHTER	Foundation	Mite-8U
4-May	SUN	2:30PM - 3:30PM	WACHTER	Foundation	Mite-8U
18-May	SUN	2:30PM - 3:30PM	WACHTER	Foundation	Mite-8U
20-May	TUES	6:45PM - 7:45PM	WACHTER	Foundation	Mite-8U

Termite/Mini-Mite (Including Mites wanting fundamental skating & hockey skills)**Mondays + May 20 (9 hrs) \$155. Weekends (9 hrs) \$155. Spring Total Package \$280 (18 hrs) Pay by the Session \$22/hr (Space Available)**

31-Mar	MON	5:15PM - 6:15PM	SCHAUMBERG	Foundation	Termite/Mini-Mite
6-Apr	SUN	5:15PM - 6:15PM	WACHTER	Foundation	Termite/Mini-Mite
7-Apr	MON	5:15PM - 6:15PM	WACHTER	Foundation	Termite/Mini-Mite
13-Apr	SUN	4:45PM - 5:45PM	WACHTER	Foundation	Termite/Mini-Mite
14-Apr	MON	5:15PM - 6:15PM	WACHTER	Foundation	Termite/Mini-Mite
18-Apr	FRI	6:30PM - 7:30PM	WACHTER	Foundation	Termite/Mini-Mite
19-Apr	SAT	12:45PM - 1:45PM	WACHTER	Foundation	Termite/Mini-Mite
21-Apr	MON	5:15PM - 6:15PM	WACHTER	Foundation	Termite/Mini-Mite
25-Apr	FRI	6:30PM - 7:30PM	WACHTER	Foundation	Termite/Mini-Mite
26-Apr	SAT	12:45PM - 1:45PM	WACHTER	Foundation	Termite/Mini-Mite
27-Apr	SUN	4:45PM - 5:45PM	WACHTER	Foundation	Termite/Mini-Mite
28-Apr	MON	5:15PM - 6:15PM	WACHTER	Foundation	Termite/Mini-Mite
4-May	SUN	3:45PM - 4:45PM	WACHTER	Foundation	Termite/Mini-Mite
5-May	MON	5:15PM - 6:15PM	WACHTER	Foundation	Termite/Mini-Mite
12-May	MON	5:15PM - 6:15PM	WACHTER	Foundation	Termite/Mini-Mite
18-May	SUN	3:45PM - 4:45PM	WACHTER	Foundation	Termite/Mini-Mite
19-May	MON	5:30PM - 6:30PM	WACHTER	Foundation	Termite/Mini-Mite
20-May	TUES	5:30PM - 6:30PM	WACHTER	Foundation	Termite/Mini-Mite

Intro to Hockey: Monday + May 20 (9 sessions) \$155. Saturday-Sunday (7 sessions) \$120. All 16 sessions \$240. Helmet & Skates required.**4+ yr old and 7+ yr old first time hockey players. Learn to skate & hockey fundamentals. Sorry, no pay by the session.**

31-Mar	MON	5:30PM - 6:15PM	SCHAUMBERG	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)
6-Apr	SUN	4:15PM - 5:00PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (7+ yrs Old)
6-Apr	SUN	5:30PM - 6:15PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ yrs Old)
7-Apr	MON	5:30PM - 6:15PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)
13-Apr	SUN	3:45PM - 4:30PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (7+ yrs Old)
13-Apr	SUN	5:00PM - 5:45PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ yrs Old)
14-Apr	MON	5:30PM - 6:15PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)
19-Apr	SAT	11:45AM - 12:30AM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (7+ yrs Old)
19-Apr	SAT	1:00PM - 1:45PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ yrs Old)
21-Apr	MON	5:30PM - 6:15PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)
26-Apr	SAT	11:45AM-12:30PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (7+ yrs Old)
26-Apr	SAT	1:00PM - 1:45PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ yrs Old)
27-Apr	SUN	3:45PM-4:30PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (7+ yrs Old)
27-Apr	SUN	5:00PM - 5:45PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ yrs Old)
28-Apr	MON	5:30PM - 6:15PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)
4-May	SUN	2:45PM - 3:30PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (7+ yrs Old)
4-May	SUN	4:00PM - 4:45PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ yrs Old)
5-May	MON	5:30PM - 6:15PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)
12-May	MON	5:30PM - 6:15PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)
18-May	SUN	2:45PM - 3:30PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (7+ yrs Old)
18-May	SUN	4:00PM - 4:45PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ yrs Old)
19-May	MON	5:45PM - 6:30PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)
20-May	TUES	5:45PM - 6:30PM	WACHTER	Intro to Skating & Hockey	Intro to Hockey (4+ Yrs Old & 7+ Yrs Old)